

# **VA Applauds MDMA Trial Success, Sinema's Expertise Noted**

## **VA Official Lauds MDMA Therapy Success, Acknowledges Sinema's Psychedelic Insight**

The Department of Veterans Affairs (VA) has unveiled groundbreaking results from its MDMA therapy trial, revealing promising potential for treating post-traumatic stress disorder (PTSD) in veterans. The trial demonstrated substantial improvements in PTSD symptoms, marking a significant advancement in mental health treatment.

### **VA Secretary Praises MDMA Trial Results**

VA Secretary Denis McDonough described the results of the MDMA therapy trial as “stunning” and a major leap forward in the treatment of PTSD. The trial, which focused on veterans suffering from severe PTSD, showed notable improvements in their symptoms, highlighting MDMA's potential as a transformative tool in mental health care.

“This trial represents a major breakthrough in our understanding of how MDMA can be utilized to alleviate the suffering of our veterans,” McDonough said. “The results are a testament to the rigorous scientific approach and dedication of the researchers involved.”

McDonough emphasized the trial's positive impact on veterans' lives, underscoring the potential for MDMA to become a critical component in PTSD therapy. The success of this trial marks a pivotal moment in mental health treatment, offering new hope to those who have struggled with the debilitating effects of PTSD.

### **Sinema's Advocacy for Psychedelic Research**

In addition to celebrating the trial's success, Secretary McDonough acknowledged Senator Kyrsten Sinema for her advocacy and insight into psychedelic research. Sinema has been a prominent supporter of exploring the therapeutic potential of psychedelics, and her efforts have significantly advanced research and policy in this field.

“Senator Sinema's deep understanding and support of psychedelic research have been instrumental in pushing forward the boundaries of mental health treatment,” McDonough said. “Her advocacy has helped shine a light on the potential of psychedelics to transform lives and improve treatment outcomes.”

Sinema's contributions have played a crucial role in fostering a more open and supportive environment for psychedelic research, contributing to the broader acceptance and exploration of these therapies.

### **Growing Acceptance of Psychedelic Therapies**

The VA's announcement and Sinema's acknowledgment reflect a growing acceptance of psychedelic therapies within the medical and scientific communities. As research continues to uncover the benefits of psychedelics like MDMA, there is an increasing recognition of their potential to address complex mental health conditions.

The success of the MDMA therapy trial is expected to catalyze further research and policy developments, paving the way for new treatment options for PTSD and other mental health disorders. As the field of psychedelic research advances, the collaboration between policymakers, researchers, and advocacy groups will be crucial in realizing the full potential of these innovative therapies.

The breakthrough results from the VA's MDMA therapy trial represent a significant advancement in the treatment of PTSD, offering new hope to veterans and others affected by this challenging condition. Secretary Denis McDonough's praise for the trial's success and recognition of Senator Kyrsten Sinema's contributions highlight a pivotal moment in the growing acceptance of psychedelic therapies. As research continues and policy evolves, the potential for psychedelics to transform mental health treatment becomes increasingly tangible.

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