

# Jelly Roll's Journey: Cannabis as a Path to Sobriety

In a recent interview with Taste of Country, singer Jelly Roll opened up about his journey to sobriety and how marijuana has played a pivotal role in his recovery.

## **Finding Relief with California**

Jelly Roll candidly admitted that marijuana has been instrumental in preventing him from relapsing into harder drug use. He expressed gratitude for the calming effects of cannabis, stating, "I think a world without weed, Jelly Roll's drinking codeine and popping Xanax and snorting cocaine again, but a world with weed, I'll be alright."

## **Anxiety Relief and Sobriety Support**

The country star emphasized the significant impact of marijuana on managing his anxiety and overcoming past struggles with addiction. He credited cannabis with keeping him sober, highlighting its role as a therapeutic tool in his ongoing battle against addiction.

## **Advocacy Against Fentanyl**

Beyond his personal journey, Jelly Roll has been an outspoken advocate against the distribution of dangerous drugs like fentanyl. As a convicted drug dealer himself, he understands the destructive impact of such substances and has campaigned for action against their supply and distribution.

## **Legislative Advocacy**

In January, Jelly Roll took his advocacy to the political arena, urging the Senate Urban Affairs Committee to address the supply and distribution of fentanyl. His efforts reflect a commitment to combating the opioid crisis and supporting policies that prioritize public health and safety.

## **jelly Roll Credits Marijuana for Sobriety and Anxiety Relief**

A Candid Reflection on Addiction Recovery: The country star shares his personal journey and how marijuana has been pivotal in his sobriety, providing candid insights into his battle with addiction.

## **Finding Stability Through Cannabis**

Jelly Roll discusses how marijuana has become a cornerstone of his recovery process, offering stability and relief from anxiety amidst his ongoing journey towards sobriety.

## **Taking Action**

Legislative Advocacy and Policy Reform: Jelly Roll's efforts extend beyond personal recovery as he actively campaigns against the distribution of lethal substances like fentanyl, advocating for policy reform to address public health concerns.

Jelly Roll's testimony underscores the potential of marijuana as a tool for sobriety and anxiety relief amid the challenges of addiction. His advocacy efforts highlight the importance of addressing the root causes of substance abuse while advocating for policies that prioritize harm reduction and support for individuals struggling with addiction

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